

Hungry Mother State Park – Volunteer Vacations 2024

September 29th - October 5th

2854 Park Blvd, Marion VA, 24354



Quick Facts:

- Project Rating: Easy
- Group Size: 5-14
- Project Type: Day Hiking
- Accommodations: Cabin
- Temperature:
 - Average High: 78°
 - Average Low: 58°



Project Description:

- Visit one of the original six Virginia State Parks! Hungry Mother State Park is known for beautiful woodlands and a placid 108-acre lake in the heart of the mountains.
- For this project, Volunteers will continue trail work on the Raiders Run Reroute, which American Hiking Society crews have worked on for the last two years. The trails have been bench cut on moderately steep slopes but will be improved for sustainability with water diversion features including sheet flow on the tread and out-slope and grade reversals. Volunteers will improve trails by maintaining, shaping, and defining existing hiking and mountain bike features including berms, rollers, and trail tread formations on these trails along with other necessary features. Most of the work will be spent bending, shoveling, raking, chopping, and tamping.

Offsite Activity Description:

- Volunteers can go canoeing around our lake, travel up to the famous Molly's Knob trail, or go to nearby park Grayson Highlands and take a hike.



Area and Attractions:

- Hungry Mother State Park encompasses roughly 3,000 acres with 250 acres developed. The park is nestled in the Appalachian mountains of southwest Virginia and has a 108-acre lake stocked with Muskie, walleye, and catfish, but plenty of other native species are available. Canoeing, kayaking, and paddle boarding are all available.

Travel Details:

- Tri-Cities Airport in Blountville, Tennessee is the closest major airport. Airport pick up and drop off is available for volunteers and will be arranged upon confirmation of the trip.



Visit www.americanhiking.org or scan the QR code for more information

